

*To pray means to open your hands before God.*

- Henri Nouwen

*“Do not worry about anything, but in everything by prayer and supplication  
with thanksgiving let your requests be made known to God.”*

- Philippians 4:6

“Virtual” Open Sanctuary

Prelude

Welcome and Introduction

The Call and Opening Prayer

Sacred Readings: *Lectio Divina* – Meditation of the Heart

Meditation of the Heart

Heart Prayer: Praise – Regret – Ask – Yield

The Lord’s Prayer

Hymn

Closing Prayer

*And the peace of God, which surpasses all understanding,  
will guard your hearts and your minds in Christ Jesus.*

- Philippians 4:7

~~~~~

*Prayer is one of the best gifts we give one another and ourselves.  
Thank God, we have a way to call on God anytime and anywhere.*

- Pastor Cleo

Join us online each Wednesday at 12pm for Open Sanctuary!  
Click here to join: <https://zoom.us/j/821831076>  
Meeting ID: 821 831 076 - Dial in by phone: 1-646-558-8656